



# *Did you know...*



- One in 4 women and 1 in 10 men will suffer from a major depressive episode during their lifetime.
- Depression is estimated to cost over \$80 billion annually.
- Key cost drivers of depression include undetected depression and inadequate treatment.
- 441,488 Texas residents live with Major Depression.
- Major Depression affects 46,566 people in Dallas County.
- 20,192 Irving residents will suffer from a depressive episode this year.
- Less than 22 percent of people diagnosed with depression receive adequate treatment for their illness.
- Depression affects families, marriages and other relationships as well as the development of children and adolescents.
- Without adequate treatment, depression can lead to suicide, which represents a significant drain on the economic, social and health resources in the United States.
- Metrocare SERVICES is the 10<sup>th</sup> largest nonprofit organization in North Texas.
- Metrocare SERVICES is the largest provider of Mental Health and Mental Retardation services in Dallas County, which is second only in the state of Texas to Harris County.
- Metrocare SERVICES serves 23,000 people with mental health challenges, in Dallas County every year.
- Metrocare SERVICES has been operating in Dallas County since 1968.
- Metrocare SERVICES, formerly Dallas County Mental Health and Mental Retardation Services, has been a proud member of the Greater Irving-Los Colinas Chamber of Commerce since 1978.

## Metrocare SERVICES

provides:

- |                                 |                                 |
|---------------------------------|---------------------------------|
| ○ Hospital Transitions Services | ○ Medication Monitoring         |
| ○ Service Coordination          | ○ Onsite Pharmacy Services      |
| ○ Vocational Training           | ○ Rehabilitation Services       |
| ○ Psychiatric Evaluation        | ○ Housing Services & Assistance |
| ○ Behavioral Interventions      | ○ Intensive Outpatient Services |

## *Metrocare can help!*

To learn more about Mental Health challenges please contact:

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### Sources:

Depression and Bipolar Support Alliance: The State of Depression in America

Texas Department of Mental Health and Mental Retardation: Adult Mental Health Prevalence/Priority Population Data

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